



A Season at The Park

-A Strong Back weak mind approach to
Backcountry Medicine-

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- 
- A person is climbing a steep, dark rock face. A thick blue and yellow rope is stretched across the foreground. The sky is blue with some clouds. The text is overlaid on the image in orange.
- NREMT Paramedic
 - Colorado State Paramedic
 - National Park Service Climbing Ranger
 - Estes Park Health Per Diem Paramedic

I have no financial stake in this discussion

Today's Discussion

- Define “wilderness medicine”
- Review Wilderness EMS calls from the past seasons
 - Explore the similarities of clinical vs. wilderness medicine via Case Study
 - Explore the differences of clinical vs. wilderness medicine via Case Study









Define Wilderness Medicine

- Medical Dictionary: Wilderness medicine encompasses the prevention, diagnosis, and treatment of injuries and medical conditions that may occur during activities in remote territories.
- My Definition: Medicine that is given generally under the conditions of being cold, dark, scary and dangerous.



Words from the Best



“Wilderness Medicine is like Vegas...
What happens in the Backcountry, stays in the
Backcountry”
- Mel Streater -

Case #1

I'm no doctor but something
isn't right





Pt. Assessment

Now what did CMS stand for?



Anatomy Review... What is that?
Answer cautiously!



Splinting Rx

Posterior Stirrup (Posterior Sugar Tong)



Nothing is Easy in “Wilderness”

Holy magic and wizardry



Multi agency technical work



A tool in the toolbox







Thank You

US Park
Ranger

Case #2

Multi System Trauma/Head Injury



Pt. Location

700ft. Up the N. Chimney



Colorado's Favorite 14er



Injuries, Treatment Plan, Lesson Learned







Case #3

Stiff as a Board



Look out for field predictions



Did he earn a Med Flight?









RESTORATION AREA
KEEP OFF

NO
PARKING
ANY
TIME

NO
PARKING
ANY
TIME
←

NO
PARKING
TOW AWAY
ZONE

Case #4

Lower Leg Round 2





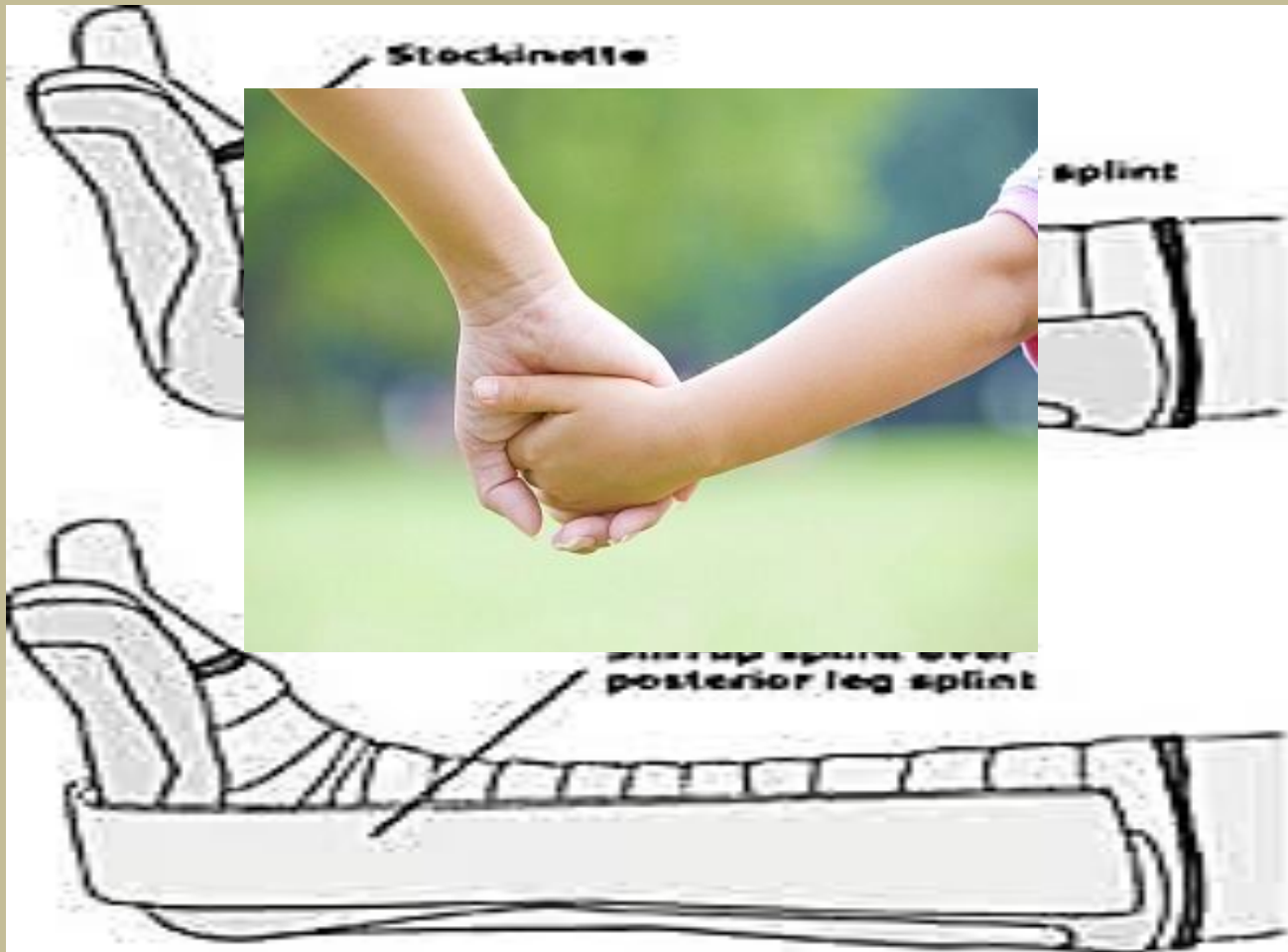
<https://www.youtube.com/watch?v=MRi3sEi66CE>



Doc...Say that again



What kind of Splint?







Rescuer Mental Health

- It Happens
- It's OK
- Signs and Symptoms
- Helpful resources
- How do I help myself





Conclusion



THANK YOU

- All these pt.'s had the best possible outcome thanks to the hard work of local cooperating agencies

- EPH
- LCSAR
- RMR
- Diamond Peaks
- CSRB
- Boulder County Sheriff
- Laramier County Sheriff
- Aviation providers
- Volunteers and visitors
- Military
- Base Camp Innovations



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